

# MJ's Delicious Casserole Program

Thank you for helping with Welcome Inn's casserole program. If needed, casserole pans are available at Welcome Inn Monday-Friday, 8a-6p or you can use any

**Half-Size Foil Steam Pan** that's approximately 9" x 13" x 2.6".

Please bring your casserole(s) to **Starr Presbyterian Church** at least one day before your assigned date and be sure your casserole is either chilled or frozen (food safety)

**Starr Presbyterian Church: 1717 W 13 Mile Rd, Royal Oak, MI 48073 (13 & Crooks)**

**Our entrance is the red door that's accessible via the Crooks Rd parking lot.**

## Easy Chicken Alfredo

### **Ingredients:**

- 1 pound fettuccine or spaghetti (uncooked)
- 2 cups frozen broccoli florets (frozen peas may also be substituted)
- 1 red bell pepper (optional)
- 1/4 cup bottled Italian dressing
- 3-4 boneless, skinless chicken breasts, cut into bite size pieces
- 2 1/3 cups milk
- 8 ounces cream cheese, cubed
- 1 cup grated parmesan cheese

### **Directions:**

Spray casserole pan with cooking spray.

Cook pasta as directed on package and drain

In large skillet on medium-high heat, heat Italian dressing. Add chicken; cook and stir 5 minutes or until chicken is cooked through and no longer pink.

Stir in milk, cream cheese, parmesan cheese and red pepper. Stir constantly until cheeses are blended and smooth.

Place cooked pasta, frozen broccoli (or peas) and cheese mixture into casserole pan. Mix lightly.

**Please double wrap the casserole with aluminum foil over & around to prevent spillage.**

**PLEASE MARK CASSEROLE WITH NAME (i.e. Easy Chicken Alfredo) & DATE TO BE SERVED.**

**Thank you so much!**